Useful Reference Points • www.hae.org.uk/businessguard

Before Starting Work.

WORK AREA

- cables. Beware of other cables or projections. You must not work near overhead electric -11
- Check that the area is clear and safe, away .s
- trom vehicle routes and doorways.
- The ground must be solid and level. 31
- °ŧ
- people away from your platform. Put up barriers with warning signs to keep
- od Do not allow unauthorised persons, especially **'**G
- not allow them to climb ladders or scattolding. children, on or near your working area.

SETTING UP YOUR WORKING

- MHOHIAJY
- or using it. It anything is tound damaged -Check all your equipment before assembling
- **'**Z contact the hire company.
- dupment sately. understand now to erect and use the fitted. Before starting work make sure you toe boards and handrails are required to be supervision. This will determine as to whether Follow your risk assessment, work plan and

SDNIDATS DECORATOR'S TRESTLES AND

- alloy sides with a timber or composite Stagings are made from timber or lightweight, -1
- or the centre this is equivalent to A properly supported staging can carry a load ·7 бикоер
- supported staging can carry 270kg this is svenly spaced along its length a properly two men working together. If the load is
- eduivalent to three men spaced apart.
- Stagings should be supported 600mm (2ft) 3
- Do not mix different sorts of trestle: you may ÷ rrom eitner end.

bility p

ent and Statutory Instruments

- find the supports are at different heights.

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- มกอา ระบอดอา กระ vesociation ⊨urope
- The Crescent Birmingham Business Park :lism3

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ne same length.

SCRFFOLD BOARDS

which could prove dangerous.

ruew obeuiug properiy.

with Steel Trestles.

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Βυιερεγ'S TRESTLES AND

3

'Z

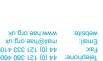
-9

(1 1/2 in) scattold boards.

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by at least 50mm (zins) – but no more than

38mm boards should overhang the support

pporting treatles you will need for 38m

The table on the right shows how many

ensure an even surface. They should also be

All boards should be of the same thickness, to

selected timpet, banded with a strip of metal

enough. Scatfold boards are usually made of

orking platforms: other planks are not strong

Only use proper scatfold boards to form

Do not use stagings or scatfold boards as a

working platforms. This would cause damage

barrow ramps or for anything other than

Do not use scatfold boards or stagings as

struction in the hinge which would prevent

Open trestles fully - check that there is no

and associated attachments must be used

Only the correct / specific Hand-Rail Systems

at each end to protect the end grain.

construction site you must wear a helmet at all time

Strong gloves will help to protect your hands.

Wear safety boots when erecting or dismantling the working platform.

Anybody who is working near to you will need to wear the same safety equipment.

effort has been made by HAE/EHA to ensure that the information given in this docur

to accurate and not misleading. HAE/EHA cannot accept responsibility for any lo to have arisen from the use of any such document/material. Only Acts of Parliament have the force of law and only the source and activity the source of the sour

Trestles, Stagings and Scaffold Boards a construction site, some precautions **must** be taken to comply with the law. The width of the working platform must be at least 600 mm (25 inches). At least three standard scaffold boards side by will be required to achieve this, or at least two standard (450mm) stagings. Some stagings are now available in Read this entire leaflet before using Trestles, Stagings and Scaffold Boards If all the risks have been assessed and it has been determined it is safe to work without toe boards and handrails, then If an use risks have been assessed and it has been determined it is safe to work windou toe boards and handraid, then there is no requirement. The definition of working at height is working in any place where, if precautions were not taken, a person could fall a distance liable to cause personal injury. Safety helmets must be worn on a construction site. If left in position the scaffold structure must be inspected by a competent person every 7 days or after alterations have

- 1. Plan your work and think ahead to make sure you will always be
 - working safely. 2. Working at height should only be done by people who have the necessary knowledge, skill and resources to do the job safely. Under the Work at Height Regulations 2005 all Working at Height 3.

1210 Safety Guidance



v:012019

FTH HIRE GROUP

Anyone with either

- should be risk assessed, works properly planned and appropriately supervised. In addition the regulations impose duties relating to the selection of work equipment. (See WHR regulation 7).
- Decorator's or painter's trestles are used with stagings to give a firm level working platform at various heights. Steel adjustable builder's

Trestles, stagings and boards can be awkward to move. Take care not to injure yourself - get help

You must have at least the following items of personal protective equipment: hardhat; safety shoes

You may require a ladder for safe access to your working platform. This equipment must not be used by minors, or anyone under the influence of drugs or alcohol. This equipment is designed for erection and use by able bodied adults. Anyone with eithe temporary or permanent disability must seek expert advice before using it.

1. Do not erect or use trestles, stagings or scaffold boards unless you are capable and confident of working

The following items of personal protective equipment (ppe) are the minimum that should be worn whenever you use this equipment. Particular jobs or environments may require a higher level or

You should wear a helmet whenever you are working at height, or near a raised working platform. On a

have the force of law and only the courts can authoritatively interpret the law.

- trestles can be used with scaffold boards or stagings to give a safe working platform at various heights. Stagings and scaffold boards can also be used to form working or access platforms on
- scaffolds. Do not use this equipment for any other purposes. Carelessness or misuse could cause a serious or fatal accident.

- Do not climb the trestles or scaffold to reach the platform. Always use a proper ladder.

with stagings and long boards.

ASSEMBLERS AND USERS

or boots: aloves

at height

protection

9

3.

6.

At all times ensure that the only people who climb and use the working platform are those that are allowed to do so. Keep the working platform clear and clean. Do not store materials or tools other than those required for immediate use.

Wear a helmet whenever working at height or near a raised platform. Safety helmets must always be worn on a construction site. Check trestles and stagings or scaffold board to ensure the working platform is secure and safe each time it is used

For guidance on managing

construction health risks go to

www.hse.gov.uk/construction

- Do not overload the trestles or working platform. Do not drop tools, materials or debris onto the working platform as this can damage scaffold boards and staging
- Care should be taken when pushing against the side of a structure from the working platform this could push the 8 nlatform over **g**. Toeboards and guardrails may be temporarily removed for movement of materials but these must be replaced before work

PLEASE KEEP THIS LEAFLET SAFELY AS IT MAY BE REQUIRED FOR FUTURE REFERENCE

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Supports needed

Scaffold Boards

You will need tour

ada perween poards should be as small as

standard scattold boards side by side for this.

The width of your working platform should be

must be tied or secured to prevent movement.

If boards shorter than 3.9m are used they

Make sure that pins or locks on adjustable

find it difficult to adjust them all to the same

Do not mix different sorts of trestle: you may

supports, and the amount of allowable

out the maximum distance between the

in), use the illustration on the right to tind

It you are using boards thicker than 38mm

builder's trestles are securely in position.

Overhand:

:DUBMANO

Distance betw

63mm (2½ ins) boards

no more than: 2.6 m (8ft 6ins)

Distance between supports

50mm (2ins) boards

38mm (1 1/2 ins) boards

Overhand:

uo more man:

wied eonsisiu

Moment of resistance of a single board where:

An applied load spread uniform

across a minimum of 4 boards kNm

0.61

0.81

1.48

121 380 4600

e.org.uk

1191 me.4

1141 mS.4

1121 m7.6

101 m1.6

118 m4.2

Length of Board

(ni¾1) mm8£

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overnand.

at least 900m (36ins).

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commences. 10. When work is completed, clean the equipment before returning it to the hire company.
11. If more height or strength is required from the working platform, do not attempt to modify the equipment or improvise. Contact the hire company – they will recommend and provide a suitable solution.
12. If the equipment is faulty, do not attempt to repair it. Contact the hire company.

An applied load acts only on an

individual board kNm

0.50

0.65

1.25

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NO.3 DUIDERS TRESTIES SNOWN UNEXTENDED

Scaffold boards - Sizes and spans

uuu002 - uuu09

– wwog

no more than: 3.25m (10t bins)

250mm

ded board strength properties are

Target

Span

m

1.2

1.5

2.5

*i.e. via a rigid building pack

Do not exceed the safe working load (SWL) that is marked on the equipme

CONSTRUCTION SITE REGULATIONS

n made or if there is inclement weather (wind)

WORKING ON A PLATFORM

1.

2.

4.

2

4

6.

Board

mm

38

38

63

Thickne

600 mm width